

The 30-Minute Read

Read 30 minutes. Check a box.

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

"If something's important to you, then you will make time."

book.listsof30.com

30 MICRO-MOMENTS

Watch for these

1. The Mayan-calendar 30 day challenge
2. The Bad Idea Bears
3. How to say “hot sauce” anywhere
4. Boiled eggs that saved our lives
5. Shaving my head for St. Baldrick’s
6. The mohawk before the bald look
7. A Movember mustache
8. The Postcard Project
9. Mashed potatoes (again)
10. A cat named Peeve
11. A rant at TEDActive
12. Beating Edmund at table tennis
13. Pets with British accents
14. The wedding dance circle
15. The happiness jar
16. Fyre Festival memories
17. R3 Corda wordplay
18. “Just put it on the blockchain”
19. Her new contact name: “Wife”
20. A photoshopped wedding photo
21. Daddy’s pregnancy diet
22. Sunday socks on a Tuesday
23. Glasses off, meltdown over
24. There’s no place like 127.0.0.1
25. Ashy legs and skincare
26. The 30 <TEMPLATE>
27. Item #31 sneaking in
28. 30 Things About Us
29. A Message to Our Daughter
30. Your own list of 30

~See Lemons Read On